Metropolia Ammattikorkeakoulun opiskelijakunta Myllypurontie 1 00920 HELSINKI



# **APPRO GUIDE**

Appros are a checkpoint race in which you go to places marked on your appro pass and purchase goods in exchange for a stamp. Sometimes appros have checkpoints and by doing the task at the checkpoint you can receive a stamp without making a purchase. During most appros you will go from one bar to another, these types of appros usually include food restaurants as well. There are, however, many types of appros, for example cafe appro and sport appro.

## How do you sign up?

Appros are popular events that sell out fast. So you should be quick when purchasing tickets. Tickets are sold based on starting times. Different starting times ensure there is less traffic during the event, which makes going around bars more fun for everyone.

## How do you execute an appro?

There are many ways to go about an appro. You should reserve plenty of time for an appro. The dress code for an appro is overalls or a dress code based on a theme. If there is a theme for the appro it will be in the event description when purchasing a ticket. You should account for the weather when choosing what to wear.

Even if you do the minimum requirement you should stop to eat. If there are restaurants on the appro pass you should take advantage of them. An experienced appro goer always has a bottle of water on them. You will get the most out of the appro if you make it to the afterparty.

#### Starting an appro

The appropass is collected on the time shown on the ticket. Remember to collect your pass before the starting checkpoint closes. The opening of hours of the starting checkpoint are announced on the ticket.

#### Are there mandatory checkpoints?

Some appros have mandatory checkpoints. You need to do the mandatory checkpoint in order to have your performance accepted.

## Performance marks "Stamps"

You collect performance marks on your appro pass, usually in the form of a stamp. You receive a stamp when you buy an alcoholic or non alcoholic beverage from the checkpoint. Sometimes the checkpoints have sales for the appros. Usually you can only get one stamp per checkpoint.

## Returning the appropass

The appro pass tells you the location and time you need to return your appro pass so the performance counts. The pass needs to be filled correctly for it to count. Many people want to get their overall patch so you should get to the final checkpoint in a timely manner. If the overall patch changes based on year, you usually need to have the previous year's overall patch on your overalls.

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## What kind of patch will you receive? ("passing grade"/yearly requirement)

Different patches have a different requirement, that vary based on the appro, for example:

- Each year will have a different patch (Appro 2019, Appro 2020, Appro 2021)
- You need to visit the same Appro several years in a row to collect all the stamps. To prove this, the patches from previous years must be sewn on the overalls.
- According to the level of difficulty: different patches depending on the number of stamps.

During the appro you must abide by the Finnish law, statues and regulations, and obey the official authorities. If the appro includes alcoholic beverages, the participant must be over the age of 18. You should read the rules of each appro because all of them have their own speciality.